

Publications

Jennifer Inauen, PhD

Peer-Reviewed Articles

2024

- Jonitz, V.M.J., Shrestha, A., Luginbuehl, H., Kasaju, A., Scarnato, C., Meierhofer, R., & **Inauen, J.** (2024). Self-efficacy and social support enable women to protect their pelvic floor health: A nonrandomized controlled trial in rural Nepal. *Journal of Health Psychology*. <https://doi.org/10.1177/13591053241283945>
- Edgren, R., Baretta, D., & **Inauen, J.** (2024). The temporal trajectories of habit decay in daily life: An intensive longitudinal study on four health-risk behaviors, *Applied Psychology: Health and Well-Being*. <https://doi.org/10.1111/aphw.12612>
- Baretta, D., Edgren, R., & **Inauen, J.** (2024). HabitWalk: A micro-randomized trial to understand and promote habit formation in physical activity, *Applied Psychology: Health and Well-Being*. <https://doi.org/10.1111/aphw.12605>
- Ssekkadde, P., Tomberge, V.M.J., Brugger, C., Atuhaire, A., Dalvie, M.A., Rother, H.-A., Rössli, M., **Inauen, J.**, Fuhrmann, S. (2024). Evaluating and enhancing an educational intervention to reduce smallholder farmer's exposure to pesticides in Uganda by a digital, systematic approach to behavior change: Protocol for a cluster-randomized controlled trial. *JMIR Research Protocols*, *13*, e55238. <https://doi.org/10.2196/55238>
- Tomberge, V.M.J., Shrestha, A., Meierhofer, R., & **Inauen, J.** (2024). Interrelatedness of women's health-behavior cognitions: A dyadic study of female family members on carrying heavy loads during pregnancy in Nepal. *British Journal of Health Psychology*, *29*, 468–487. <https://doi.org/10.1111/bjhp.12709>
- Baretta, D., & **Inauen, J.** (2024). Implications of the COVID-19 trajectory for the evaluation of hand hygiene interventions: Secondary analysis of the Soapp trial, *Translational Behavioral Medicine*, *14*(1), 66–71. <https://doi.org/10.1093/tbm/ibad075>
- Wyss, C., **Inauen, J.**, Cignacco, E., Raio, L., & Aubry, E.M. (2024). Mediating processes underlying the associations between maternal obesity and the likelihood of childbirth by cesarean section. *Birth*, *51*, 52–62. <https://doi.org/10.1111/birt.12751>

2023

- Herzog, P.J., Herzog-Zibi, R.D.L., Mattmann, M., Möri, C., Mooser, B., **Inauen, J.**, & Aubert, C.E. (2023). Perspectives of patients and clinicians on older patient mobility on acute medical wards: A qualitative study. *BMC Geriatrics*, *23*. <https://doi.org/10.1186/s12877-023-04226-0>

- Wiedemann, R., & **Inauen, J.** (2023). Identifying determinants of pesticide use behaviors for effective agri-environmental policies: a systematic review. *Environmental Research Letters*, *18*, 043001. <https://doi.org/10.1088/1748-9326/acbe51>
- Baretta, D., Amrein, M.A., Baeder, C., Ruschetti, G.G., Ruettimann, C., del Río Carral, M., Fabian, C., & **Inauen, J.** (2023). Promoting hand hygiene during the COVID-19 pandemic: A parallel randomized trial for the optimization of the Soapp app, *JMIR mHealth & uHealth*, *11*, e43241. <https://doi.org/10.2196/43241>
- Baretta, D., Koch, S., Cobo, I., Castaño-Vinyals, G., de Cid, R., Carreras, A., Buekers, J., Garcia-Aymerich, J., **Inauen, J.**, & Chevance, G. (2023). Resilience characterized and quantified from physical activity data: A tutorial in R. *Psychology of Sport and Exercise*, *65*, 102361. <https://doi.org/10.1016/j.psychsport.2022.102361>
- Bösch, V.D., & **Inauen, J.** (2022). Older adults' physical activity after lockdown: Testing the health action process approach and the moderating role of fear of Covid-19. *Applied Psychology: Health and Well-Being*, *15*(1), 369-389. <https://doi.org/10.1111/aphw.12384>
- 2022
- Ambuehl, B., & **Inauen, J.** (2022). Contextualized measurement scale adaptation: A 4-step tutorial for health psychology research. *International Journal of Environmental Research & Public Health*, *19*(9), 12775. <https://doi.org/10.3390/ijerph191912775>
- Bösch, V.D., Warner, L.M., Nyman, S.R., Haftenberger, J., Clarke, K., & **Inauen, J.** (2022). What do older adults think about when formulating implementation intentions for physical activity? Evidence from a qualitative study. *British Journal of Health Psychology*. <https://doi.org/10.1111/bjhp.12621>
- Bamert, M., & **Inauen, J.** (2022). Physiological stress reactivity and recovery: Some laboratory results transfer to daily life. *Frontiers in Psychology*, *13*, 943065. <https://doi.org/10.3389/fpsyg.2022.943065>
- Mani, H., Möri, C., Mattman, M., Liechti, F., **Inauen, J.**, Aujesky, D., ... Aubert, C.E. (2022). Barriers and facilitators to mobility of patients hospitalised on an acute medical ward: A systematic review. *Age and Ageing*, *51*(7), afac159. <https://doi.org/10.1093/ageing/afac159>
- Meierhofer, R., Tomberge, V.M.J., **Inauen, J.**, & Shrestha, A. (2022). Water carrying in the hills of Nepal – implications for the health of women of two generations. *PLoS ONE*, *17*(6), e0269926. <https://doi.org/10.1371/journal.pone.0269926>
- Koller, J.E., Villinger, K., Lages, N.C., Absetz, P., Bamert, M., Branquinho, C. ... Renner, B. (2022). Individual and collective protective responses during the early phase of the COVID-19 pandemic in 10 different countries: Results from the EUCLID online-survey. *International Journal of Infectious Diseases*, *122*, 356-364. <https://doi.org/10.1016/j.ijid.2022.06.012>
- Ambuehl, B., Kunwar, B.M., Schertenleib, A., Marks, S.J., & **Inauen, J.** (2022). Can participation promote psychological ownership for a shared resource? An intervention study of community-based safe water infrastructure. *Journal of Environmental Psychology*, *81*, 101818. <https://doi.org/10.1016/j.jenvp.2022.101818>
- Amrein, M.A., Ruschetti, G.G., Baeder, C., Bamert, M., & **Inauen, J.** (2022). Mobile intervention to promote correct hand hygiene at key times to prevent COVID-19 in the

Swiss adult general population: Study protocol of a multiphase optimisation strategy, *BMJ Open*, 12, e055971. <https://doi.org/10.1136/bmjopen-2021-055971>

Tomberge, V., Harter, M., & **Inauen, J.** (2022). The importance of collective and individual psychological ownership for safe sanitation: A multilevel analysis in rural Ghana. *Global Public Health*, 17(7), 1314-1329. <https://doi.org/10.1080/17441692.2021.1928260>

2021

Tomberge, V.M.J., Shrestha, A., Meierhofer, R., & **Inauen, J.** (2021). Understanding safe water-carrying practices during pregnancy and postpartum: A mixed-methods study in Nepal, *Applied Psychology: Health & Well-Being*. Advance Online Publication. <https://doi.org/10.1111/aphw.12325>

Gardner, B., Arden, M.A., Brown, D., Eves, F., Green, J., Hamilton, K., Hankonen, N., **Inauen, J.**, Keller, J., Kwasnicka, D., Labudek, S., Marien, H., Masaryk, R., McCleary, N., Mullan, B.A., Neter, E., Orbell, S., Potthoff, S., Lally, P. (2021). Developing habit-based health behaviour change interventions: Twenty-one questions to guide future research. Advance Online Publication. *Psychology & Health*. <https://doi.org/10.1080/08870446.2021.2003362>

Tomberge*, V.M.J., Bischof*, J., Shrestha, A., Meierhofer, R., & **Inauen, J.** (2021). The physical burden of water carrying and women's psychosocial well-being: Evidence from rural Nepal, *International Journal of Environmental Research & Public Health*, 18(5), 7908. <https://doi.org/10.3390/ijerph18157908> (* *shared first authorship*)

Inauen, J., Contzen, N., Frick, V., Kadel, P., Keller, J., Kollmann, J., Mata, J., van Valkengoed, A.M. (2021). Environmental issues are health issues: Making a case and setting an agenda for environmental health psychology. *European Psychologist*, 26(3), 219-229. <https://doi.org/10.1027/1016-9040/a000438>

Ambühl*, B., Tomberge*, V.M.J., Marks, S.J., Bhatta, M., Kunwar, B.M., Schertenleib, A., & **Inauen, J.** (2021). The role of psychological ownership in safe water management: A mixed-methods study in Nepal, *Water*, 13(5), 589. <https://doi.org/10.3390/w13050589> (* *shared first authorship*)

Nigg, C., Amrein, M., Rackow, P., Scholz, U., & **Inauen, J.** (2021). Compensation and transfer effects of eating behavior change in daily life: Evidence from a randomized-controlled trial. *Appetite*, 162, 105170. Advance Online Publication. <https://doi.org/10.1016/j.appet.2021.105170>

Amrein, M., Scholz, U., & **Inauen, J.** (2021). Compensatory health beliefs and unhealthy snack consumption in daily life. *Appetite*, 157, 1-7. <https://doi.org/10.1016/j.appet.2020.104996>

2020

Berli*, C., Inauen*, J., Stadler, G., Scholz, U., & Shrout, P.E. (2020). Understanding between person interventions with time-intensive longitudinal outcome data: Longitudinal mediation analyses. *Annals of Behavioral Medicine*, 55(5), 476-488. <https://doi.org/10.1093/abm/kaaa066> (* *shared first authorship*)

Wirth, M., **Inauen, J.**, & Steinke, H. (2020). Neue Strategien der HIV-Prävention für „Men who have sex with men“ (MSM): Die Präexpositionsprophylaxe (PrEP) und eine

ethische Evaluierung ihrer Potentiale und Probleme. *Ethik in der Medizin*, 32.
<https://doi.org/10.1007/s00481-020-00589-9>

Hoffmann, S., Feldmann, U., Bach, P.M., Binz, C., Farrelly, M., Frantzeskaki, N., Hiessl, H., **Inauen, J.**, Larsen, T.A., Lienert, J., Londong, J., Lüthi, C., Maurer, M., Mitchell, C., Morgenroth, E., Nelson, K.L., Scholten, L., Truffer, B., & Udert, K. (2020). A research agenda for the future of urban water management: Exploring the potential of non-grid, small-grid, and hybrid solutions. *Environmental Science & Technology*.
<https://doi.org/10.1021/acs.est.9b05222>

Diemer*, N., Staudacher*, P., Atuhaire, A., Fuhrmann, S., & **Inauen, J.** (2020). Smallholder farmers' information behavior differs for organic versus conventional pest management strategies: A qualitative study in Uganda. *Journal of Cleaner Production*, 257, 1-9. <https://doi.org/10.1016/j.jclepro.2020.120465> (** shared first authorship*)

Inauen, J., Lilje, J., & Mosler, H.-J. (2020). Refining hand washing interventions by identifying active ingredients: A cluster-randomized controlled trial in rural Zimbabwe. *Social Science & Medicine*, 245. doi:10.1016/j.socscimed.2019.112712

Harter, M., **Inauen, J.**, & Mosler, H.-J. (2020). How does Community-Led Total Sanitation (CLTS) promote latrine construction, and can it be improved? A cluster-randomized controlled trial in Ghana. *Social Science & Medicine*, 245.
 doi:10.1016/j.socscimed.2019.112705

2019

Harter, M., Contzen, N., & **Inauen, J.** (2019). The role of social identification for achieving an open-defecation free environment: A cluster-randomized, controlled trial of Community-Led Total Sanitation in Ghana. *Journal of Environmental Psychology*, 66, 1-8. doi: 10.1016/j.jenvp.2019.101360

Landes, F.C., **Inauen, J.**, Ponce-Canchihuamán, J., Markowski, K., Ellis, T.K., & van Geen, A. (2019). Does involving parents in soil sampling identify causes of child exposure to lead? A case-study of community engagement in mining-impacted towns in Peru. *GeoHealth*, 3. doi:10.1029/2019GH000200

Kwasnicka, D., **Inauen, J.**, Nieuwenboom, W., Nurmi, J., Schneider, A., Short, C.E. ... Naughton, F. (2019). Challenges and solutions for N-of-1 design studies in health psychology, *Health Psychology Review*, 13(2), 163-178.
<https://doi.org/10.1080/17437199.2018.1564627>

2018

Inauen, J., Stocker, A., & Scholz, U. (2018). Why and for whom may coping planning have adverse effects? A moderated mediation analysis. *Applied Psychology: Health and Well-Being*, 10(2), 272-289. doi:10.1111/aphw.12130

Inauen, J., Radtke, T., Rennie, L., Scholz, U., & Orbell, S. (2018). Transfer or compensation? An experiment testing the effects of actual and imagined exercise on eating behavior. *Swiss Journal of Psychology*, 77(2). 59-67. doi: 10.1024/1421-0185/a000207

2017

- Amrein, M., Rackow, P., **Inauen, J.**, Radtke, T., & Scholz, U. (2017). The role of compensatory health beliefs in eating behavior change: A mixed method study, *Appetite, 116*, 1-10. <https://doi.org/10.1016/j.appet.2017.04.016>
- Inauen, J.**, Bolger, N., Shrout, P.E., Stadler, G., Amrein, M., Rackow, P., & Scholz, U. (2017). Using smartphone-based support groups to promote healthy eating: A randomized trial in daily life. *Applied Psychology: Health and Well-Being, 9*(3), 303–323. <https://doi.org/10.1111/aphw.12093>
- Bierbauer, W., **Inauen, J.**, Schäfer, S., Kleemeyera, M.M., Lüscher, J., König, C., . . . Scholz, U. (2017). Health behavior change in older adults: Testing the health action process approach at the inter- and intraindividual level. *Applied Psychology: Health and Well-Being, 9*(3), 324–348. doi:10.1111/aphw.12094
- Inauen, J.**, Bierbauer, W., Lüscher, J., König, C., Tobias, R., Ihle, A., . . . Scholz, U. (2017). Assessing adherence to multiple medications and in daily life among patients with multimorbidity. *Psychology & Health, 32*(10), 1233-1248. doi:10.1080/08870446.2016.1275632
- George, C. M., **Inauen, J.**, Perrin, J., Tighe, J., Hasan, K., Rahman, M. S., & Zheng, Y. (2017). Behavioral determinants of switching to arsenic safe water wells: An analysis of a randomized controlled trial of health education interventions coupled with water arsenic testing. *Health Education & Behavior, 44*(1), 92-102. doi: 10.1177/1090198116637604
- Ihle, A., **Inauen, J.**, Scholz, U., König, C., Holzer, B., Zimmerli, L., . . . Kliegel, M. (2017). Prospective and retrospective memory are differentially related to self-rated omission and commission errors in medication adherence in multimorbidity. *Applied Neuropsychology: Adult, 24*(6), 505-511. doi:10.1080/23279095.2016.1209675
- 2016
- Berli, C., Stadler, G., **Inauen, J.**, & Scholz, U. (2016). Action control in dyads: A randomized controlled trial to promote physical activity in everyday life. *Social Science & Medicine, 163*, 89-97. doi:10.1016/j.socscimed.2016.07.003
- Inauen, J.**, Shrout, P., Bolger, N., Stadler, G., & Scholz, U. (2016). Mind the gap? An intensive longitudinal study of between-person and within-person intention-behavior relations. *Annals of Behavioral Medicine, 50*, 516-522. <https://doi.org/10.1007/s12160-016-9776-x>
- Inauen, J.**, & Mosler, H.-J. (2016). Mechanisms of maintenance: Long-term effects of theory-based interventions to promote safe water consumption. *Psychology & Health, 31*(2), 166-183. doi:10.1080/08870446.2015.1085985
- 2015
- Contzen, N., & **Inauen, J.** (2015). Social-cognitive factors mediating intervention effects on handwashing: A longitudinal study. *Journal of Behavioral Medicine, 38*(6), 956-969. doi: 10.1007/s10865-015-9661-2
- 2014
- Hossain, M. M., & **Inauen, J.** (2014). Differences in stakeholders' and end users' preferences of arsenic mitigation options in Bangladesh. *Journal of Public Health, 22*, 335-350. doi:10.1007/s10389-014-0625-8

- Inauen, J.**, Tobias, R., & Mosler, H.-J. (2014). The role of commitment strength in enhancing safe water consumption: Mediation analysis of a cluster-randomised trial. *British Journal of Health Psychology*, *19*, 701-719. doi:10.1111/bjhp.12068
- Inauen, J.**, & Mosler, H.-J. (2014). Developing and testing theory-based and evidence-based interventions to promote switching to arsenic-safe wells in Bangladesh. *Journal of Health Psychology*, *19*(12), 1483–1498. doi:10.1177/1359105313493811
- Johnston, R. B., Hug, S., **Inauen, J.**, Khan, N. I., Mosler, H.-J., & Yang, H. (2014). Enhancing arsenic mitigation in Bangladesh: Findings from institutional, psychological, and technical investigations. *Science of the Total Environment*, *488*, 477-483. doi:10.1016/j.scitotenv.2013.11.143
- Radtke, T., **Inauen, J.**, Rennie, L., Orbell, S., & Scholz, U. (2014). Trait versus state: Effects of dispositional and situational compensatory health beliefs on high calorie snack consumption. *Zeitschrift für Gesundheitspsychologie*, *22*(4), 156-164. doi:10.1026/0943-8149/a000125

2013

- George, C. M., **Inauen, J.**, Rahman, M. S., & Zheng, Y. (2013). The effectiveness of educational interventions to enhance the adoption of fee-based arsenic testing in Bangladesh: A cluster randomized controlled trial. *American Journal of Tropical Medicine & Hygiene*, *89*(1), 138-144. doi:10.4269/ajtmh.12-0664
- Inauen, J.**, Hossain, M. M., Johnston, R., & Mosler, H.-J. (2013). Acceptance and use of eight arsenic-safe drinking water options in Bangladesh. *PLoS ONE*, *8*(1), e53640. doi:10.1371/journal.pone.0053640
- Inauen, J.**, Tobias, R., & Mosler, H.-J. (2013). Predicting water consumption habits for seven arsenic-safe water options in Bangladesh. *BMC Public Health*, *13*. doi:10.1186/1471-2458-13-417

2010

- Mosler, H.-J., Blöchliger, O. R., & **Inauen, J.** (2010). Personal, social, and situational factors influencing the consumption of drinking water from arsenic-safe deep tubewells in Bangladesh. *Journal of Environmental Management*, *91*, 1316–1323. doi:10.1016/j.jenvman.2010.02.012
- Tobias, R. & **Inauen, J.** (2010). Gathering time-series data for evaluating behavior-change campaigns in developing countries: Reactivity of diaries and interviews. *Evaluation Review*, *34*, 367–390. doi:10.1177/0193841X10383940

Editorials

- Schnyder, N., Baggio, S., Rossegger, A., Endrass, J., Cunha Gonçalves, L., **Inauen, J.** (2021). Adherence to public health measures during the COVID-19 pandemic: The pivotal role of behavioural science. *Swiss Medical Weekly*.
- Inauen, J.**, & Zhou, G. (2020). Health and well-being in the early stages of the Covid-19 pandemic: Insights from applied psychology. *Applied Psychology: Health and Well-Being*, *4*, 1-9. <https://doi.org/10.1111/aphw.12245>

Book Chapter

Inauen, J., & Scholz, U. (2015). Behavior modification. In N.A. Pachana (Ed.), *Encyclopedia of Geropsychology*, Singapore: Springer.

Articles in Scientific Magazines

Ambuehl, B., Kunwar, B.M., Schertenleib, A., Marks, S.J., & **Inauen, J.** (2021). Participation and psychological ownership enhance safe water outcomes. *Sandec News*, 22, 42-43. https://www.eawag.ch/fileadmin/Domain1/Abteilungen/sandec/publikationen/news/news_21.pdf

Ambuehl, B., Ghosh, A.K., Singh, B.K., Kumar, M., Marks, S., & **Inauen, J.** (2020). Psychological ownership and habits for long-lasting safe water infrastructure. *Sandec News*, 21, 36-37. https://www.eawag.ch/fileadmin/Domain1/Abteilungen/sandec/publikationen/news/news_21.pdf

Inauen, J. (2020). Der Klimawandel ist ein Gesundheitsproblem. Welchen Beitrag zur Lösung kann die Psychologie leisten? *Psychoscope*, 4, 15-17. <https://www.psychologie.ch/fr/psychoscope-42020>

Inauen, J., & Marks, S. (2017). The role of ownership in sustainable safe water supply. *Transfer – Werbeforschung und Praxis*.

Knittle, K., Morrison, L., **Inauen, J.**, Warner, L.M., Kassavou, K., Naughton, F., & Michie, S. (2016). mHealth: Past success, future challenges, and the role of the EHPS. *The European Health Psychologist*, 18(6), 266-272.

Mosler, H.-J., Huber, A., **Inauen, J.**, & Tobias, R. (2012). How to achieve evidence-based behavioural change. *Sandec News*, 13, 14-15.

Huber, A., **Inauen, J.**, & Mosler, H.-J. (2011). Increasing safe water consumption in Bangladesh and Ethiopia, *Sandec News*, 12, 6-7.

Inauen, J., & Gonzalez, A. (2009). „In den Köpfen der Menschen muss etwas verändert werden, damit Umweltprobleme gelöst werden können!“. Ein Interview mit einem Umweltpsychologen. *Forum der Geoökologie*, 20(2), 26-28.

Theses

Inauen, J. (2012). *Theory-based promotion of safe water consumption* (Unpublished doctoral thesis). Department of Psychology, University of Zurich, Zurich, Switzerland.

Inauen, J. (2007). *How prompts and public commitment affect the use of solar water disinfection: A time series analysis* (Unpublished Master's Thesis). Department of Psychology, University of Zurich, Zurich, Switzerland

Other Publications

Mosler, H.-J., Huber, A.C., **Inauen, J.**, & Tobias, R. (2015). A guide to behaviour change. In C.A. Johnson, & A. Bretzler (Eds.), *Geogenic contamination handbook – Addressing arsenic and fluoride in drinking water* (pp. 110-133), Swiss Federal Institut of Aquatic Science and Technology (Eawag), Dübendorf, Switzerland. Available at <https://www.eawag.ch/en/research/humanwelfare/drinkingwater/wrq/geogenic-contamination-handbook/>

Oral Presentations at Scientific Conferences (Selected: First-Authored)

Inauen, J., Ruettimann, C.L., & Baretta, D. (2024, September). *Reducing carbon footprints by fostering environmental health behavior: Randomized controlled trial of the GROW app*. Paper presented at 38th Annual Conference of the European Health Psychology Society, Bremen, Germany.

Inauen, J., Bamert, M., & Lüthi, S. (2024, July). *When and how does stress relate to unhealthy snacking? An intensive-longitudinal study in daily life*. Paper presented at the 33rd International Congress of Psychology, Prague, Czech Republic.

Inauen, J., Baretta, D., Amrein, M.A., & Ruettimann, C.L. (2023, August). *Promoting preventive behavior during the COVID-19 pandemic: A randomized controlled trial of the Soapp+ application*. Paper presented at 37th Annual Conference of the European Health Psychology Society, Bremen, Germany.

Inauen, J., Baretta, D., Amrein, M.A., Baeder, C., Ruschetti, G.G., del Río Carral, M., Fabian, C., & Ruettimann, C. (2022, August). *Multiphase optimization strategy to promote hand hygiene during a pandemic: Optimization of the Soapp app*. Paper presented at 36th Annual Conference of the European Health Psychology Society, Bratislava, Slovakia.

Inauen, J., Bamert, M., Lages, N.C., Villinger, K., Koller, J.E., Schupp, H.T., & Renner, B. (2022, July). *High personal response efficacy and moderate perceptions of vulnerability: Results from the EUCLID COVID-19 survey in Switzerland*. Paper presented at 17th European Congress of Psychology, Ljubljana, Slovenia.

Inauen, J., Contzen, N., Frick, V., Kadel, P., Keller, J., Kollmann, J., Mata, J., & van Valkengoed, A.M. (2021, August). *Umweltprobleme sind Gesundheitsprobleme: Wie kann die Gesundheitspsychologie beitragen?*. Paper presented at Fachgruppentagung Gesundheitspsychologie of the German Psychological Association, Virtual Conference.

Inauen, J., Bamert, M. (2021, August). *Stress und Gesundheitsverhalten im Alltag: Machbarkeitsstudie zur Nutzung mobiler Elektrokardiographie*. Paper presented at Fachgruppentagung Gesundheitspsychologie of the German Psychological Association, Virtual Conference.

- Inauen, J., & Bamert, M.** (2021, August). *How do stress and health behavior relate in daily life? Feasibility study of mobile electrocardiography.* Paper presented at the Annual Conference of the European Health Psychology Society, Virtual Conference.
- Inauen, J., & Amrein, M.** (2021, August). *Using psychological science to prevent COVID-19: Development of an app-based intervention.* Paper presented at the Swiss Public Health Conference, Bern, Switzerland.
- Inauen, J., Bamert, M., Luethi, S.V., & Roethlisberger, S.** (2021, June). *Investigating the relationship between acute stress and health behavior in daily life using mobile electrocardiography: A feasibility study.* Paper presented at the Conference of the Society for Ambulatory Assessment, Virtual Conference.
- Inauen, J., & Bolger, N.** (2021, April). *Can goal setting reduce sugary drink intake? A factorial randomized controlled trial of one-off and day-to-day goal setting.* Paper presented at the 42nd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Virtual Conference.
- Inauen, J., Berli, C., Stadler, G., Scholz, U., & Shrout, P.E.** (2020, September). *Modeling the mechanisms of health behavior change interventions over time: Mediation analysis using intensive-longitudinal data.* Paper presented at the Centre for Behaviour Change Online Conference, London, UK.
- Inauen, J., Scholz, U., & Bolger, N.** (2019, September). *Can goal setting reduce sugar-sweetened beverage consumption within persons? A micro-randomized trial.* Paper presented at the 16th SPS SGP SSP Conference, Bern, Switzerland.
- Inauen, J., Scholz, U., & Bolger, N.** (2019, September). *Within-person effects of goal setting: A micro-randomized trial to reduce sugar-sweetened beverage intake.* Paper presented at the 33rd Annual Conference of the European Health Psychology Society, Dubrovnik, Croatia.
- Inauen, J., Amrein, M., Rackow, P., & Scholz, U.** (2019, July). *Leveraging psychological theory and mobile technology for effective health promotion and prevention.* Paper presented at the 16th European Congress of Psychology, Moscow, Russia.
- Inauen, J., Lilje, J., & Mosler, H.-J.** (2019, June). *Refining health behavior change interventions by identifying active ingredients: A cluster-randomized controlled hand washing trial in rural Zimbabwe.* Paper presented at the 16th European Congress of Psychology, Moscow, Russia.
- Inauen, J., Scholz, U., & Bolger, N.** (2019, June). *Within-person effects of goal setting: A micro-randomized trial to reduce sugar-sweetened beverage intake.* Paper presented at the 6th Biennial Conference of the Society for Ambulatory Assessment, Syracuse NY, USA.
- Inauen, J., Mosler, H.-J., Scholz, U., & Shrout, P.E.** (2019, February). *Applying social psychological theory to improve behavioral interventions across cultures.* Paper presented at the Annual Convention of the Society for Personality and Social Psychology, Portland OR, USA.

- Inauen, J., & Lilje, J.** (2018, September). *“So lange ich meine Schutzkleidung trage, brauche ich nicht sorgsam mit Pestiziden umzugehen“: Die Rolle verhaltensübergreifender Überzeugungen am Beispiel der Pestizidnutzung.* Paper presented at the 51. Kongress der Deutschen Gesellschaft für Psychologie, Frankfurt am Main
- Inauen, J., Amrein, M., Rackow, P., & Scholz, U.** (2018, June). *Social exchange in smartphone-based chat groups: Mechanisms of an mhealth intervention to promote healthy eating.* Paper presented at the 32nd Annual Conference of the European Health Psychology Society, Galway, Ireland
- Inauen, J., Amrein, M., Rackow, P., & Scholz, U.** (2018, June). *Social- and self-regulation in smartphone-based groups to promote healthy eating: Results from a randomized controlled trial.* Paper presented at the 29th International Congress of Applied Psychology, Montréal, Canada
- Inauen, J., Lilje, J., & Mosler, H.-J.** (2017, October). *Effectively promoting handwashing frequency through improving technique: A cluster-randomized trial in rural Zimbabwe.* Paper presented at the University of North Carolina Water & Health Conference, Chapel Hill, North Carolina, USA
- Inauen, J., Bolger, N., ShROUT, P.E., Stadler, G., Amrein, M., Rackow, P., & Scholz, U.** (2017, September). *Can digital support groups promote healthy eating? A randomized trial in daily life.* Paper presented at the 15th Conference of the Swiss Psychological Society, Lausanne, Switzerland
- Inauen, J., Bolger, N., ShROUT, P.E., Stadler, G., Amrein, M., Rackow, P., & Scholz, U.** (2017, August). *Can digital support groups promote healthy eating? A randomized trial in daily life.* Paper presented at the 31st Conference of the European Health Psychology Society, Padova, Italy
- Inauen, J., & Marks, S.** (2017). *Fostering ownership to promote sustainable safe water supply: A cluster-randomized trial.* Paper presented at the workshop “The Future of Ownership Research”, Vienna University of Economics and Business, Vienna, Austria
- Inauen, J., Bolger, N., ShROUT, P.E., Stadler, G., Amrein, M., Rackow, P., & Scholz, U.** (2017, February). *How do smartphone-based support groups promote healthy eating? An application of the 2-1-1 mediation model.* Paper presented at the Biennial Conference of the Society for Ambulatory Assessment, Esch-sur-Alzette, Luxembourg
- Inauen, J., Bolger, N., ShROUT, P.E., Stadler, G., Amrein, M., Rackow, P., & Scholz, U.** (2017, February). *Using digital support groups to promote healthy eating in daily life.* Paper presented at the 3rd Digital Health Conference of the Center for Behavior Change, London, UK
- Inauen, J.** (2016, October). *Using smartphones to foster social support by virtual strangers to promote healthy eating: A randomized controlled trial.* Paper presented at the World Cancer Congress, Paris, France
- Inauen, J., Bolger, N., ShROUT, P.E., Stadler, G., Amrein, M., Rackow, P., & Scholz, U.** (2016, July). *With a little help from my “friends”: Enhancing healthy eating with smartphone support groups.* Paper presented at the 31st International Congress of Psychology, Yokohama, Japan

- Inauen, J., & Mosler, H.-J.** (2015, May). *Theory-based promotion of safe water consumption: Long-term effects of two cluster-randomized trials in Bangladesh*. Paper presented at the 27th Convention of the Association for Psychological Science, New York, USA
- Inauen, J., & Scholz, U.** (2015, September). *Enhancing daily action control to promote healthy eating: An ecological momentary intervention*. Paper presented at the 29th Convention of the European Health Psychology Society, Limassol, Cyprus
- Inauen, J., & Scholz, U.** (2014, August). *Intention-behavior relations: An intraindividual perspective*. Paper presented at the 28th Conference of the European Health Psychology Society, Innsbruck, Austria
- Inauen, J., Radtke, T., Rennie, L., Orbell, S., & Scholz, U.** (2014, July). *Effects of thinking about physical activity and unhealthy eating: The role of negative affect*. Paper presented at the 28th International Congress of Applied Psychology (ICAP), Paris, France
- Inauen, J.** (2014, July). *Differentiating users of arsenic-safe water options based on the Health Action Process Approach: A longitudinal study in Bangladesh*. Paper presented at the 28th International Congress of Applied Psychology (ICAP), Paris, France
- Inauen, J., Radtke, T., Rennie, L., Orbell, S., & Scholz, U.** (2013, September). *Die Macht der Vorstellung: Kompensatorische vs. Übertragungseffekte (vorgestellter) physischer Aktivität auf den Snackkonsum*. Paper presented at the 11th Congress of the Health Psychology Division of the German Psychological Society, Luxembourg, Luxembourg
- Inauen, J., & Mosler, H.-J.** (2013, July). *Sustainable promotion of safe water consumption: Long-term effects of interventions and mechanisms of behavior change*. Paper presented at the 27th Conference of the European Health Psychology Society (EHPS), Bordeaux, France
- Inauen, J.** (2012, October). *Behavior-change interventions to promote arsenic-safe water consumption in Bangladesh: What works and what does not?* Paper presented at the 2012 Water and Health Conference, Chapel Hill, NC, USA
- Inauen, J.** (2012, October). *Behavior-change interventions to promote arsenic-safe water consumption in Bangladesh: What works and what does not?* Paper presented at the 2012 Water and Health Conference, Chapel Hill, NC, USA
- Inauen, J., & Hossain, M. M.** (2012, August). *Behavior change techniques to enhance arsenic-safe water consumption in Bangladesh*. Paper presented at the 3rd International Conference on Research for Development (ICRD), Bern, Switzerland
- Inauen, J.** (2012, August). *When and how a coping planning intervention affects safe water consumption: A moderated mediation analysis*. Paper presented at the 26th Conference of the European Health Psychology Society (EHPS), Prague, Czech Republic
- Inauen, J.** (2011, September). *Developing theory-based public health interventions to enhance habitual arsenic-safe water consumption in Bangladesh*. Paper presented at

the 25th Conference of the European Health Psychology Society (EHPS), Crete, Greece

Inauen, J., & Mosler, H.-J. (2010, July). *Risky consumption of drinking water: Predicting the use of arsenic-safe drinking water options in Bangladesh*. Paper presented at the 27th International Congress of Applied Psychology, Melbourne, Australia

Inauen, J., & Tobias, R. (2009, September). *Monitoring dynamic processes in environmental psychology. First applications of a method for collecting time-series data during behavior-change campaigns in Cuba and Bolivia*. Paper presented at the 8th Biennial Conference on Environmental Psychology, Zurich, Switzerland

Inauen, J., & Blöchliger, O. R. (2009, July). *Personal, social, and situational factors influencing acceptance and use of arsenic-free deep tubewells in Bangladesh*. Paper presented at the 11th European Congress of Psychology, Oslo, Norway

Poster Presentations at Scientific Conferences (Selected: First-Authored)

Inauen, J., Bolger, N., Shrout, P.E., Stadler, G., Amrein, M., Rackow, P., & Scholz, U. (2016, January). *With a little help from my "friends": An experiment of social support by virtual strangers to increase healthy eating*. Poster presented at the 17th Annual Convention of the Society for Personality and Social Psychology, San Diego, USA

Inauen, J., Stadler, G., Scholz, U., Shrout, P., & Bolger, N. (2015, June). *The dynamics and relations of intentions and behavior in everyday life*. Poster presented at the 4th Biennial Conference of the Society for Ambulatory Assessment, State College, Pennsylvania, USA

Inauen, J., & Mosler, H.-J. (2013, February). *Promoting arsenic-safe water consumption in Bangladesh: Increased effects of evidence-based behavior change techniques*. Poster presented at GeoGen2013, Addis Ababa, Ethiopia

Inauen, J., & Mosler, H.-J. (2010, September). *When drinking water is poisonous: Distal and proximal social-cognitive factors influencing habitual use of arsenic-safe water sources in Bangladesh*. Poster presented at the 24th Conference of the European Health Psychology Society (EHPS), Cluj-Napoca, Romania

Inauen, J., & Mosler, H.-J. (2010, April). *Environmental hazard: When drinking water is poisonous. Personal, social, and structural factors influencing the use of arsenic-safe deep tubewells in Bangladesh*. Poster presented at the 11th Swiss Global Change Day, Bern, Switzerland

Inauen, J., & Mosler, H.-J. (2009, September). *Factors influencing consumption of safe drinking water: The example of arsenic-free deep tubewells in Bangladesh*. Poster presented at the 23rd Conference of the European Health Psychology Society, Pisa, Italy